

## **Is it Really Just My Own Paranoia? I Don't Think So!**

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There are waves of emotions that still rush in  
Assaulting my senses with memories from the past  
Catching me off guard I struggle to control them

After forty two years you'd think they'd fade away  
These overpowering moments of my own self-doubts  
Flashing back to the days and long nights of fear

No matter how aware one is of these current times  
And you may tell yourself everything will be fine  
In the back of your mind plays scenes from the past

They remind me to always stay vigilant and alert  
The world is a dangerous place with great evils  
Just waiting for any chance to strike out at us

You just need to look back to 9/11 to know this fact  
And some may tell me it's just my own paranoid fears  
But with all that has happen can you just ignore it?

My own emotions go through many ups and downs still  
From all that I've been through don't I have that right  
I have seen the many things that evil can do to others

Though I have lived now some forty two years since then  
I still deal with my emotions from that time in my life  
It's not being paranoid to be ever watchful these days

For it is when you are least expecting it in your life  
That those who had plotted, planned and remained patient  
Will suddenly strike out at us with a horrible vengeance.