

VIETNAM WAR

Vietnam and Thailand

I'll Carry You Now

PTSD

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A mile to the LZ you carried me then.
My blood soaked your back, until there was no more.
Medevac took my body, and I saw you run back to rejoin the
fight, as my spirit winged away.

Decades passed and then I felt your call. Your dreams scare
even me; it was as worse as you remember, but you have not yet
understood you could not, and cannot, change a thing.
Many veterans do not understand either.

Don't blame yourself... you couldn't have ran carrying me any
faster... the Huey was taking fire, and delayed, and
it was my time.

What happened to us then was *numba-10-thou*.
What is happening to you now *is just wrong*, and
I want you to live your life in peace.

You carried me then...
I will carry you now...
for as long as it takes the dust off to arrive.

*An estimated 22 veterans kill themselves every day (8,030 annually) in the USA,
according to a 2012 Department of Veterans Affairs study. 70% are over age 50.*

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