"If I could I would... "

© 2004, **Kim Bayes Bautista**, WS LM-51

Hi Don,

I have been reading the stories on the War Stories website and they are absolutely amazing. I've enjoyed your writings, especially your poem "Forget Me Not." I'm not sure if you know but I am the daughter of a Vietnam veteran (My dad was an Army helicopter pilot for most of his career) and I am also a clinical social worker. I have a passion for helping Vietnam veterans and their families, both formally and informally. I am also a closet poet! I have written several poems, one about Vietnam veterans and two that I wrote for a dear friend who suffers from PTSD. I would like to share them, if you feel they are worthy and appropriate to the site. I think writing is therapeutic and perhaps if just one person feels good after reading them, I would feel like I helped communicate that other people really do care.

Best regards,

Kim Bayes Bautista,
The Reunion Brat (Associations' Reunion Organizers)
War-Stories LM 51

If I could I would...

by: Kim Bayes Bautista, WS LM-51
© 2004

When you are hurting, I am hurting too,
And if I could I would, make it go away,
I would stand guard at your mind,
To keep those vexing demons at bay.

I would exorcise your pain and fear,
Guide you from the tunnel to the light,
And massage your aching spirit,
Until you begin to feel all right.

I would starve the things that haunt you,
Until they withered up and died,
I would feed the best within you,
So vigor would prevail and torment
would subside.

If I could I would hold you ever tightly,
Waiting for your surrender to the calm,
Redirecting thoughts to healing love,
Obliterating the power of your Vietnam.

Recognizing where it comes from,
Is half the battle won,
With certainty it won't kill you,
So remember your rising sun.

© War-Stories.com 1995-2018. All Rights Reserved.