

I Hate to Stop!

My Breathing Habit

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It seems like yesterday, I was seventy-five, but
now, here I am at eighty-five, hoping and
praying that I'll make it to ninety-five!
Breathing has become such a habit—
I hate to stop!

Jackie R. Kays

[VSPA Bulletin Board](#) replies:

Date Posted: *Sun, Sep 30 2018*

Author: [Newell Swartz](#)

Subject: Re: Poem

Welcome Home Jackie! Newell Swartz

Date Posted: *Mon, Oct 01 2018, 9:37:44 PDT*

Author: [Bruce Ross](#)

Subject: Re: poem

Jackie, I can relate to that poem, sitting here recovering from my second back surgery this year, but still above ground, so all's well. Best wishes to you and Wanda. Bruce

Date Posted: *Mon, Oct 01 2018, 15:18:42 PDT*

uthor: [Terry Sasek BT 68-69 LM-687](#)

Subject: Re: poem

We all hope that you will have many, many more years with all of us Jackie!!! Best wishes always for you and Wanda!

Date Posted: *Tue, Oct 02 2018, 9:16:04 PDT*

Author: [Gary Walters](#)

Subject: Re: poem

Jackie, I hope you will have many more years my friend. Gary