

VIETNAM SECURITY POLICE ASSOCIATION

HEALTH INFORMATION FORM

My concerns today are: _____

Name:		Last 4	Date of birth:		Date:
Veteran: Yes No		Agent Orange Exposure: Yes No		Advanced Directives: Yes No	
Healthcare Provider:				Provider Phone #:	
Insurance Company:			Ins #	Group#	
Blood Type:		Medication Allergies:			

Emergency Contact Information

Name:		Relationship:	Phone:
Name:		Relationship:	Phone:

Medication(s)

Medication	Dose	Frequency	Medication	Dose	Frequency

Problem List/Medical Diagnosis

Diagnosis	Date	Diagnosis	Date

Surgeries

Surgery	Date	Surgery	Date

Other Information:

VSPA Word 11-9-22

Prepared by Five Members of the VSPA Sisterhood who are Caring Wives and Highly Skilled Nurses: Sue Nelson (Minnesota), Barbara Garcia (Arizona), Wanda Haynes (Texas), Judy Curnick (Michigan) and Cathy Childers (Texas)

THE VSPA HEALTH INFORMATION FORM

Healthcare is always a main topic of discussion at our annual reunion Sisterhood meetings. Recent reunions have heightened our awareness due to medical emergencies and trips to local emergency rooms, mostly for members of our VSPA Brotherhood. The experience of being transported to an ER can be both frightening and confusing for everyone involved, including the person being transported, their family members and concerned VSPA members who accompany their VSPA brother or sister to the hospital.

The VSPA motto is "We take care of our own. The motto of the VSPA Sisterhood is "Taking care of those who take care of their own." Therefore, we need your help to take care of you during a medical emergency at a reunion, especially if you are unconscious!

Many spouses stated that their husbands don't take them along to their routine medical appointments so "who knows what's discussed". It was also noted that many of us are traveling or "snow-birding" around the country during our "golden years" so the need for clear, concise medical information is needed to keep the VA team, the local primary doctors and those unexpected "on the road" medical visits up-to-date and aware of our complex medical history, especially for our men - to prevent duplication of tests, medications and wasted time, which is absolutely critical during an emergency.

Together, five members of the VSPA Sisterhood who are a highly trained group of VSPA "nurse wives" developed a simple, easy to complete, healthcare form to use on a routine basis (Please see the attached form). Our immediate goal is to have this form available for **everyone who attends the coming reunion in Charleston.** Therefore, it will be sent as a mass email to all members as well as being published in Guardmount. Our long-term goal is to have the blank form located on the VSPA website for easy access, downloading and printing. For now, we recommend that you print a few forms at a time, so you're prepared to update as needed. We also recommend that you keep a completed copy in your car glovebox, as well as your suitcase for those unexpected medical situations. **PLEASE BRING A COMPLETED COPY TO THE REUNION.** Our last two reunion demonstrated that the lack of this information caused delays during medical emergencies. Help us help you whether it is a cardiac event, an Agent Orange related illness like cancer or diabetes, an automobile collision, or an injury during a fall. This information is vital for you to receive timely care.

Angie Costello and Roberta Smith have inspired us and have been extremely helpful regarding caregiver and death benefits. They lost their husbands due to Agent Orange related cancer that took its toll after extended illness. Thankfully, they did not pass at a reunion, but it could have happened. We have had members who were terminally ill attend reunions, doing everything in their power to attend one last reunion with their VSPA brothers and sisters.

We encourage all of you, especially our VSPA Sisters, to step forward with your talent to help our group with all the challenges we face in the future. We are blessed to have a large resource/knowledge base within our Sisterhood! We need to tap into this available resource to sustain our group, to maintain and support our VSPA Brotherhood and Sisterhood continuously over time. Most importantly, we need to acknowledge our age and the potential for a medical emergency. Please be prepared for a medical emergency involving you or a loved one.

Print and complete the VSPA Health Information Form.

Bring the completed form to the reunion!