PTSD and Me *Poems with PTSD Graphic Art* (c) 2021 Don Poss

Things I've Seen Things I've Dreamed, and Thinks I'd rather have not.

Things dancing within my mind, of Daydreams, and Nightmares, doing Cartwheels and backflips... Home before first light.

What happened; *Was so bad...*? Things I can't forget.